

LEARNING FOR LIBERATION

with Ten of Cups Consulting



Accountability & Support Groups for White Anti-Racists

AWARE – Alliance of White Anti-Racists Everywhere work: (from website) Monthly Sunday Dialogue (SD) occurs on the 3rd Sunday of every month, 3-P.M. Pacific via the Zoom online platform. This is a space for white people to bring their concerns and challenges. Is there an idea you're having trouble integrating, a conversation that didn't go well? This dialogue focuses on connecting, sharing, and learning from one another. Mark your calendars and visit the [Saturday Dialogue page](#) at the AWARE-LA website to register for an upcoming Dialogue. <https://www.awarela.org/home>

Racial Equity Tools, Managed by Equity in the Center: (from website) For white people, a caucus provides time and space to work explicitly and intentionally on understanding white culture and white privilege and to increase one's critical analysis around these concepts. A white caucus also puts the onus on white people to teach each other about these ideas, rather than placing a burden on people of color to teach them. For people of color, a caucus is a place to work with peers to address the impact of racism, to interrupt experiences of internalized racism, and to create a space for healing and working for individual and collective liberation.

<https://www.racialequitytools.org/resources/act/strategies/caucus-and-affinity-groups>

Dr. Kathy Obear: (from website) Well-facilitated White Accountability Groups provide transformational learning experiences to develop greater courage and competence to partner with Black, Indigenous, and other People of Color as well as white colleagues to interrupt racist dynamics and create more racially just organizations and client services. Deepen your capacity to design and facilitate transformational learning and growth. (Find a multitude of free resources focused on white accountability!

<https://drkathyobear.com/events/>

<https://drkathyobear.com/wag-mini-course/>

Dr. Robin DiAngelo & Amy Burtaine: (from website) For those interested in leading white affinity groups to develop awareness and skills to engage in deeper anti-racist work. While we must listen to and learn from BIPOC people, in order to minimize harm, white people must also work together to develop the awareness and stamina to address our specific role in upholding white supremacy. Affinity work is only one tool among many, albeit a critical one. Workshop brochure can be downloaded here:

[white accountability group facilitator's guide](#)

<https://www.robindiangelo.com/affinity-group-course/>



About Us

Ten of Cups Consulting offers guidance with introspective learning of historical racial truths from a place of humility and accountability. Our deepest purpose is to live in community and love with Black, Brown, Indigenous, Asian, and other people of color, and to help other white people find their way there, too.